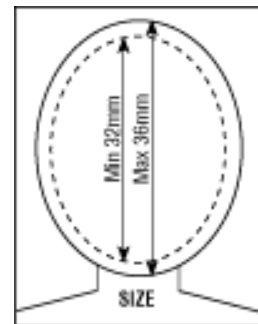


## What type of digital photo should I send?

### Send a photo of yourself:

- in front of a plain white or grey background
- that shows your head and shoulders
- that shows your full face looking directly at the camera
- shows you alone, with no objects or other persons visible
- shows you with no hat or head covering, unless you will habitually wear a hat or heading covering in Canada
- that has a minimum size of 400 by 514 pixels



Save photo as:  
LastName.FirstName.jpeg

## How should I name and save my photo?

### Naming your digital photo:

- Name your photo using your Last Name followed by your First Name  
For example: Doe.Jane.jpg

### Saving your digital photo:

- Save your photo as a “.jpg” or “.jpeg” file

## How should I submit my digital photo?

Please send your digital photo by email to [esl@uoguelph.ca](mailto:esl@uoguelph.ca) with your ESL application.